

Michael P. Miller, MD
800 S. Fairmount Ave., Suite 101
Pasadena, CA 91105
Phone: (626) 585-8700
E-mail: drmillar@eyemiller.com

Ocular Surgery Instructions

Prior to Surgery

1. If you take aspirin, Advil, Coumadin, or Plavix, please inform Dr. Miller two (2) weeks before your surgery.
2. DO NOT eat or drink anything after midnight the night before your surgery.
3. If you take medication for heart conditions and/or high blood pressure, please take it as usual the morning of surgery with a small sip of water.
4. If you take medication for diabetes, DO NOT take it the morning of surgery.
5. The hospital will call you several days before your surgery to schedule an appointment for pre-operative lab and paperwork.
6. If you feel ill on the morning of surgery or need to cancel the procedure for any reason, call Dr. Miller's office as soon as possible.
7. Please feel free to call Dr. Miller's office with any questions.
8. Antibiotic drops (Vigamox or Zymar):
Beginning two (2) day prior to surgery, place one (1) drop in the eye four (4) times per day;
On the day of surgery, place one (1) drop in the eye prior to coming to the hospital.

After Surgery

1. You may take Tylenol or Motrin as needed for discomfort.
2. Keep your shield on until your first post-op appointment the day after surgery and Dr. Miller will remove it for you.
3. Bring all eye medications to your appointment the day after surgery.

Medications

Prednisilone: (Omnipred or Pred Forte)- (to begin the day after surgery):

Place one (1) drop in the operated eye every two (2) hours, while you are awake, for one (1) week;

Then place one (1) drop in the eye four (4) times per day for one (1) week;

Then place one (1) drop in the eye three (3) times per day for one (1) week;

Then place one (1) drop in the eye two (2) times per day for one (1) week;

Then place one (1) drop in the eye one (1) time per day for one (1) week;

Then stop using the drop.

Vigamox/Zymar:

Beginning two (2) days prior to surgery, place one (1) drop in the eye four (4) times per day;

On the day of surgery, place one (1) drop in the eye prior to coming to the hospital;

Beginning the day after surgery, place one (1) drop in the eye four (4) times per day for one (1) week; then stop using the drop.

Ointment: (to begin the day after surgery):

Apply the ointment to the operated eye before going to bed for one (1) week then stop using the ointment.

Shield:

Tape the shield over the operated eye before sleeping and keep the shield on until you wake for two (2) weeks.

Possible Reactions After Surgery

Normal Reactions: It is normal for the eye to be red, sensitive to light, have blurred vision, tear, and have mild irritation especially when blinking.

Abnormal Reactions: If you experience persistent pain, sudden loss of vision, or anything that you think is unusual, please call Dr. Miller's office immediately.

Eye Care After Surgery

Vision: Check your vision each day without your glasses. If you notice a sudden decrease in vision, please call Dr. Miller's office.

Eye Discharge: To remove eye discharge, gently clean the eye with sterile gauze or a clean wash cloth that has been moistened with warm water.

Other Information

1. Don't be afraid to use your eye. You can feel free to read or watch T.V. as much as you would like.
2. You may take a shower or a bath, but try to avoid getting soapy water in the eye.
3. Please ask Dr. Miller about driving.
4. DO NOT rub the eye, lift any objects over twenty (20) pounds, perform any strenuous activities or bend your head below your waist for three weeks.